



Apple Press

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Newsletter

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10 Healthy New Year's Resolution Ideas for School-Age Children

1. I will make my bed each morning.
2. I will eat my vegetables.
3. I will always complete my homework.
4. I will not stay up past my bedtime.
5. I will help with house chores.
6. I will do something active for 30 minutes each day.
7. I will be kind.
8. I will read before bed each night.
9. I will listen to my parents & teachers.
10. I will try something new.

LOOK what we're LEARNING!

Wrens have had a brilliant few weeks since returning to school. We have been busy starting our new Safari topic, looking at the Safari animals and using adjectives to describe what they look like. The children have also started our statistics unit in maths and been exploring collecting data using tally charts and interpreting tables and block diagrams. The children are all really looking forward to going on our dance trip next week and in P.E they have been practising their dance moves. Well done Wrens for being amazing!

Robins have had an amazing start to the new half term. We have a new topic: Our Planet and beyond. Last week we looked at snow and luckily for us we had the real thing! This week we have learnt all about King Charles III and watched part of the Coronation. We have made our own Crowns :-)

In Phonics we are starting to remember a capital letter, finger space and full stop when writing a sentence. In Maths we have been concentrating on the numbers 6 7 8. Art this half term is based on painting. The first week was finger painting and we made some fabulous snowy pictures. This week we were painting to music and had a fabulous time.



Skylarks have had a fantastic start back to the new term! We have started our new Art topic which is '3D sculpture and Mega Materials'. We have learned about Magdalene Odundo who makes wonderful burnished pots and we have created large sketches in her style. In Science we began to learn about rocks and specifically igneous rocks. The children loved acting out the magma rising up to the earth's crust and then learning how some igneous rocks form inside the earth's crust and some form outside the earth's crust. In a lovely cross-learning link with Geography, Skylarks are learning all about Volcanoes, how they are formed and what happens when a volcano erupts. In English, we are now learning how to write a non-chronological report. We have started by reading lots of examples of this type of text and we are now breaking it down in to chunks and practising how to build high quality sentences and paragraphs to communicate our interesting facts and keep our reader interested.

Swifts We have had a wonderful couple of weeks - all of us have come back switched on and ready to work. We have begun our Fractions B unit in Maths and have been multiplying and dividing fractions - which is much easier than we imagined - it's just times table knowledge!

In English, we have begun our new unit based on The Explorer by Katherine Rundell, we will be writing an adventure narrative and the description we have been using so far in our lessons has been incredible!

Our new VIPERS book is Boy at the Back of the Class, but before we started that this week, we were really lucky to have a video call with the author of our last VIPERS book, Ross MacKenzie! We got to ask him lots of questions and even read some of our work to him!

What a wonderful start to the Spring term!



Diary Dates

- 22 Jan – Wrens Dance Festival Event at Framingham Earl High School
- 26 Jan – Y4 Bikeability Level 1
- 27 Jan – Y3 Bikeability Level 2
- 27 Jan – Olly Day Road Safety Show for Skylarks
- 3 Feb – Y3/4 Martial Arts Taster Session
- 4 Feb – Y1/2 Martial Arts Taster Session
- 5 – 10th Feb – Book Fair
- 9 Feb – KS2 (Skylarks & Swifts) Cross Country @ Bunwell
- 10 Feb – Stand & Sing after school
- 11 Feb – SEN Café for parents 2:15-3:15pm
- 13 Feb – FOBS Valentine's Day Disco
- 16-20 – Half Term
- 23 Feb – Adrian Hall Outdoor Discovery
- 24 Feb – Y4/5 A group will attend a Dodgeball Competition @ UEA Sportspark
- 4 March – KS1 (Wrens) Football @ Long Stratton Leisure Centre
- 5 March – World Book Day Dress-Up
- 5 March – STEPS for parents 3:30-5:30pm
- 9-10 March – Y5 Bikeability Level 1
- 12 March – STEPS for parents 3:30-5:30pm
- 13 March – FOBS Mother's Day Sale
- 25 March – Rock Steady Concert 9:30am
- 30 March-13 April – Spring Break
- 16 March-10 July every Thursday – Y3/4/5 Swimming @ Diss Leisure Centre
- 20 April – Y5/6 Martial Arts Taster Session
- 7 May – New Robins Transition Evening
- 11-14 May – Y6 SATs Week
- 14 May – PEEP Transition for new Robins parents 2-3pm
- 15 May – Y4 Sleepover @ Bunwell
- 20 May – Robins trip to The Bug Parc @ Lenwade
- 21 May – PEEP Transition for new Robins parents 2-3pm
- 22 May – FOBS Bikeathon
- 4 June – PEEP Transition for new Robins parents 2-3pm
- 16 June – New Robins Transition Morning 9:30-11:30am
- 19 June – FOBS Father's Day Bingo
- 25 June – New Robins Transition Morning 9:30-11:30am
- 3 July – Moving Up Day
- 10 July – Y6 Leaver's Performance for parents 2:30pm
- 10 July – FOBS Fest
- 13 July – Y6 Crucial Crew Trip
- 15 July – Rock Steady Concert 9:30am
- 20 July-2 Sept – Summer Break