

Spring Term Week 1 5th Jan, 19 th Jan, 2 nd Feb	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Beef Lasagne 324101 10/3	Sliced Roast Chicken in gravy 324445 DF, GF 10/3	Pork Sausages 324607 DF 6/2	Premium roast Beef in gravy 324141 DF, GF 8/2	Breaded Cod 324505 DF 6/2
Vegetable 1	Broccoli 324920 DF, GF, V, VV 10/3	Mixed vegetables 324762 DF, GF, V, VV 12/3	Cut green beans 324761 DF, GF, V, VV 12/3	Cauliflower 324758 DF, GF, V, VV 10/3	Baked Beans 324769 DF, GF, V, VV 12/3
Vegetable 2	Vegetable Medley 324770 DF, GF, V, VV 12/3	Peas 324756 DF, GF, V, VV 12/3	Sliced carrots 324764 DF, GF, V, VV 12/3	Mixed Vegetables 324762 DF, GF, V, VV 12/3	Peas 324756 DF, GF, V, VV 12/3
Carbohydrate	White Rice 324765 DF, GF, V, VV 8/3	Sauté Potatoes 324745 DF, GF, V, VV 10/3	Mashed potatoes 324787 GF, V 12/3	Golden roast potatoes 324780 DF, GF, V, VV 8/3	Potato Wedges 324789 DF, GF, V, VV 8/3
Main Vegetarian	Bean chilli 324943 DF, GF, V, VV 12/3 White Rice 324765 DF, GF, V, VV 8/3	Plant based Shepherd's Pie 324929 DF, V, VV 10/3	Potato, Cheese and Leek Bake 324713 GF, V 10/3	Vegetable Lasagne 324703 V 10/3	Cauliflower, Spinach and Lentil Curry 324944 DF, GF, V, VV 10/3
Dessert	Apple crumble 324801 DF, V, VV 12/3 With custard	Jam Sponge 324818 DF, V 12/3	Chocolate Chip Sponge 324806 DF, V 12/3	Bakewell Tart 324823 DF, V 12/3	Chocolate Sponge 324894 DF, GF, V 12/3