



Apple Press

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Newsletter

17 October 2025

Appreciation Strategy Humility
Commitment Responsibility
Integrity **STUDENT COUNCIL** Listening
Honest Communication
Values Purpose Determination
Leadership Passion Principles



Congratulations to Banham Primary School's 2025-2026 School Council!





This week we had a Young Carers assembly brought to us by The Benjamin Foundation.

Who are Young Carers?

A Young Carer is a person under 18 who looks after someone in their family or a friend who is ill, disabled, or has a mental health problem or an addiction. Young carers often take on practical and/or emotional caring responsibilities that would normally be expected of an adult.

We also support anyone who is a sibling of someone with any of the above conditions, as well as SEND. They may not have an active caring role but are affected by the needs of another, e.g. are unable to do regular family activities or have less attention due to the needs of someone else in the household.

Some Young Carer services differentiate between Young Carers and 'affected others.' Affected others are those who are impacted by a condition or disability of a family member, but do not have an active caring role. However, we encourage schools to include affected others within your Young Carers provision.

There are often times where we come across a new scenario we haven't considered before. Please do ask if you are unsure if a child is a Young Carer.

The one exception to the rule about their needing to be a condition or disability is where there is not an adult in the house who is able to read or speak English, whether due to them speaking a different language, or due to being illiterate. The child would be a Young Carer if they are often translating for parents, e.g. in appointments or through reading documents and therefore helping with household management, such as finances.

What are some responsibilities they may undertake?

- Shopping, cooking, cleaning
- Managing medicines or money
- Providing personal care
- Helping people get out of the house
- Keeping an eye on someone
- Providing emotional support

How common is it?

Around 1 in 5 are Young Carers in the UK.

Many are unidentified. This may be because:

- The condition of the person they care for is not obvious
- Young Carers do not realise they are carers/different from others
- They don't want to draw attention to their caring role
- They don't feel they can discuss it with friends
- They worry the family will be split up and they will be taken into care
- They don't believe it will be helpful to tell someone
- Parents feel ashamed

The impact of being a Young Carer:

- Physical health – can often have a lack of sleep
- Emotional wellbeing – stress, tiredness, mental health problems, e.g. anxiety
- Socialisation – feel different/isolated from peers and have limited opportunities for socialising. They are also potentially more likely to be bullied due to their caring situation.
- Education – significantly lower educational attainment if unsupported

Our Artwork



LOOK what we're LEARNING!

Wrens have enjoyed learning more about the seven continents over the last two weeks. We have found out about the USA and The Amazon Rainforest. We have been exploring absorbency and floating and sinking in our Science 'materials' topic. We are planning our first independent write stories based on our Wombat Goes Walkabout story. We have planned to use the same story line but with animals from the UK instead of Australia! We have been finding out about shape and comparing and ordering numbers in maths. We have completed our giant spider and he is on display in our classroom! Well done Wrens!

Robins It's been another busy couple of weeks for Robins. We have been learning all about our bodies and using the correct terminology for different body parts and bones. We have now finished all our different self-portraits and these are up on display in Robins cloakroom. Please do come and take a look as they are fabulous. In Maths we have started our number journey and have been concentrating on 1, 2 and 3. Next week will be learning about why we will celebrate Halloween and having lots of fun with pumpkins.

There are lots of lovely photos of each child on Tapestry, if you are having trouble logging in or haven't managed to do so yet please let me know.



Swifts A busy couple of weeks (as always) in Swifts! In English, we have designed and created a persuasive advert for The Nowhere Emporium, a mysterious and magical shop in our class reading book. We had to think carefully about the layout and colours that we used, as well as the way we were writing. We have also written letters to persuade people to move into Banham by describing all the wonderful things that are in and around our village.

In Maths, we have had to use our times table knowledge to help us understand factors, multiples, prime, square and cube numbers. We have begun our Art unit and have been drawing using one-point perspectives and grids to scale up different images.

It has been a very busy and full-on first half term, but all children have worked incredibly hard and tackled many challenges - they should be very proud of themselves.

Skylarks have now finished their newspaper report and have moved on to story writing. This week, we have been planning our story about finding a creature on the beach and will start to write our own.

In science, we have continued to learn about teeth and their functions. In PSHE, we have been learning about the rights and responsibilities of a child and looking at a learning charter. In maths, we are nearing the end of our addition and subtraction unit and have looked at estimating 3 and 4 digit numbers. We all had a fun time fact finding about 10 different worldwide rivers. The children can tell you the longest river in the world, the one with the most output and rivers that are highly polluted. Ask them to tell you about the uses of a river.



Diary Dates

- 20th October – Plan Bee for parents 10:00am-12:00pm
- 24th October – Halloween Party 4:30-6:00pm
- 27th-31st October – Half Term
- 10th, 11th & 13th November – Parents' Evening
- 6th December – Banham School Christmas Fate
- 9th December – Annual School Christmas Carols 5:30pm TBC
- 10th December – Rock Steady Concert, *parents are invited to watch their children who are signed up for Rock Steady*
- 18th December – School Christmas Lunch
- 22nd December-5th January – Christmas Holidays



For the children who attend choir on Tuesdays after school with Delcine... She has organised the following events for them to perform, she will share further details in due course...

- Saturday 6th December – Retirement Home in Diss @ 3:00pm
- Friday 12th December - St Mary's Church, Diss @ 7:00pm

