Spring Summer 24 - Week One
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15 Apr, 6 May, 27 May, 17 June, 8 July, 29 July, 19 Áugust, 9.Sept, 30 Sept, 21 Ôct

| WEEK ONE | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Main Meal Option 1 <br> (\& Halal Equivalent where Required) | Wholemeal Cheese \& Tomato Pizza served with Wholemeal Garlic Bread | All Day Pork Sausage/ Halal Chicken Sausage Breakfast served with Baked Omelette, Country Diced Potatoes \& Baked Beans or Sweetcorn | Chicken Pie <br> \& Mashed Potatoes or Halal Chicken Pie with Mashed Potatoes | Creamy Korma Style Chicken \& Lentil Curry served with Mixed Rice | Friday Fish Fingers served with Chips \& Tomato Ketchup |
| Vegetarian Main Meal Option 2 <br> (To Match Main Option 1) |  | All Day Veggie Sausage Breakfast Served with Country Diced Potatoes \& Baked Beans or Sweetcorn | Vegemince \& Vegetable Pie (Ve) served with Mashed Potato | Sweet Potato, Spinach \& Chick Pea Korma (Ve) Served with Mixed Rice |  |
| Vegetarian Main Meal Option 1 | Creamy Vegetable Penne Pasta Carbonara | Chinese Style Sweet \& Sour Vegetables \& Noodles | Roasted Vegetable \& Lentil Loaf with Sticky Ketchup Glaze | Cauliflower Cheese \& Pasta Bake | Cheese Flan or Quiche Served with Chips \& Tomato Ketchup |
| KS2 Grab \& Go |  | Mediterranean Vegetable \& Bean Paella | Baked Bean \& Cheese Panini with Homemade Skin On Baked Potato Wedges | Vegetable Chilli \& Rice (Ve) |  |
| Jacket/ Pasta/ Jollof Rice Filled Sandwiches/ Baguettes | Daily Offer | Daily Offer | Daily Offer | Daily Offer including Salmon Mayonnaise for Oily Fish | Daily Offer |
| Vegetable Selection | Selection of Daily Vegetables <br> \& Mixed Fresh Salad | Selection of Daily Vegetables <br> \& Mixed Fresh Salad | Selection of Daily Vegetables \& Mixed Fresh Salad | Selection of Daily Vegetables <br> \& Mixed Fresh Salad | Selection of Daily Vegetables <br> \& Mixed Fresh Salad |
| Dessert | Marble Sponge \& Custard | Chocolate Shortbread Biscuits (Ve) \& Fruit Slices | Iced Banana Traybake | Oat \& Raisin Cookie (Ve) \& Fresh Watermelon Slice | Chocolate Ice Cream |

Our desserts meet Public Health England's target for 'free sugar' intake for your child.
Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'ree sugar' intake.



Spring Summer 24 - Week Thre
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29 Apr, 20 May, 10

| WEEK THREE | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Main Meal Option 1 (\& Halal Equivalent where Required) | Wholemeal Cheese \& Tomato Pizza served with Wholemeal Garlic Bread | Farm Assured <br> Pork Sausage Roll or Homemade Red Tractor Halal Chicken Sausage Roll with Homemade Skin on Baked Potato Wedges | Gently Spiced Moroccan Chicken/ Halal Chicken Tagine served with Summer Vegetable Rainbow Cous Cous <br> 48 | Korean Style Sticky BBQ Chicken/ Halal Chicken \& Vegetables served with Noodles | Friday Fish Fingers served with Chips \& Tomato Ketchup |
| Vegetarian Main Meal Option 2 <br> (To Match Main Option 1) | N/A | Cheese \& Onion Puff Pastry Roll served with Homemade Skin on Baked Potato Wedges | Gently Spiced Moroccan Roasted Chickpea Tagine served with Summer Vegetable Rainbow Cous Cous (Ve) | Korean Style Sticky BBQ Quorn, Vegetables \& Noodles | N/A |
| Vegetarian Main Meal Option 1 | Mildly Spiced Vegetable Chilli \& Rice (Ve) | Macaroni Cheese | Savoury Vegetable Mince \& Gravy served with a Yorkshire Pudding \& Skin on Roast Potatoes | Home Baked Vegetarian Lasagne | Homemade Cheese \& Tomato Pizza Whirl \& Chips |
| KS2 Grab \& Go | N/A | Cheesy Beans Pitta Pocket | Massaman Style Aubergine Curry served with Rice | Cheese and Tomato Melt Served with Skin on Baked Potato Wedges | N/A |
| Jacket/ Pasta/ Jollof Rice Filled Sandwiches/ <br> Baguettes | Daily Offer | Daily Offer | Daily Offer | Daily Offer | Daily Offer |
| Vegetable Selection | Selection of Daily Vegetables \& Mixed Fresh Salad | Selection of Daily Vegetables \& Mixed Fresh Salad | Selection of Daily Vegetables \& Mixed Fresh Salad | Selection of Daily Vegetables \& Mixed Fresh Salad | Selection of Daily Vegetables \& Mixed Fresh Salad |
| Dessert | Baked Apple Sponge served with Custard | Tutti Frutti Jelly and Mandarins (Ve) | Freshly Baked Vanilla Cookie (Ve) | Zesty Lemon \& Blueberry Yoghurt Cake | Homemade Flapjack (Ve) |

Our desserts meet Public Health

| Portion(s) <br> of fruit or veg | $\frac{1}{2}$ | $\frac{1}{2}$ |
| :---: | :---: | :---: | :---: |


| Source of <br> wholegrain | Contains <br> plant-based <br> proteins | 4 |
| :---: | :---: | :---: |


| $50 \%$ |
| :--- | :--- |
| fruit | England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'fiee sugar' intake.


