



# Apple Press

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## Newsletter

30<sup>th</sup> September, 2022

We are in full learning mode at the school and so pleased to be experiencing a real enthusiasm and approach to learning this year putting the ups and downs of the last couple of years behind us. Here are what the children have been up to in their classrooms...

**Robins** this week have been looking at how animals are superhero's as well as human. We have focused on Guide Dogs for the blind and looked at how guide dogs are trained to support. We then all had a go at leading our friends around the room with a mask on to understand how it would be to not be able to see and how difficult it is for the guide. In maths this week we have been busy sorting and matching different things.

**Wrens** have been enjoying their English experience days to begin their new topics, focusing on stories and poems. They have also been revisiting shapes in maths and extending their knowledge further with a variety of activities. The Wrens have started their fantastic 'Marvellous Me' topic and created some incredible timelines of their lives. They have also been working really hard with Monster Phonics and really responded to using the monsters and colours to support their knowledge of the sounds in words.

**Skylarks** have been looking at the force of different magnets in science and experimenting with iron filings and paper clips! We have come to the end of our place value unit in maths, where we had a place value maths hunt around the hall and worked in teams to answer the questions. In Literacy, we are continuing to write our Anglo-Saxon myth.

**Swifts** have been enjoying the class text Malamander and written some super newspaper reports about the 'attack' on the beach. They have also been working hard researching and writing about pollution in the oceans. Our Water topic is going well with a focus in geography this week on The River Thames. Year 5 have also done lots of lovely 'fishy' art work based on the work of Paul Klee and Year 6 have been enjoying their Forest School sessions.

### Dates for your diary

- 22-30 Oct '22 – Half Term
- **Mon 31 Oct '22 – School Photographs (please note this date has changed)**
- 1 & 3 Nov '22 – Parent's Evening
- 11 Nov '22 – Flu Vaccinations
- 21 Nov '22 – School Open Day TBD
- 7 Dec '22 – Christmas Show TBD
- 12 Dec '22 – School Nursing Team (Reception & Y6)
- 14 Dec '22 – Rock Steady Concert
- 17 Dec '22-3 Jan '23 – Christmas Break
- 3 Jan '23 – INSET Day
- 6 Jan '23 – Robins & Wrens trip to the Theatre
- 11-19 Feb '23 – Half Term
- 1-17 April '23 – Easter Break
- 17 April '23 – INSET Day
- 1 May '23 – Bank Holiday
- 27 May-4 June '23 – Half Term
- 21 July '23 – Last Day of School



Collaborative Art by the children in Swifts

Dear parents and carers,

The children have continued to settle into their learning routines and are doing very well.

Please remember that we are available if you have any concerns. I am usually on the gate first thing in the morning and both myself and Mrs Mitchell our Parent Support Advisor are contactable by phone or email, this is in addition to the teachers and Ms Shahdadi who you can contact in the first instance.

Thank you for your continuous support.

Best Wishes,

Mr Gamble

**Optimistic October 2022**

| SATURDAY  | SUNDAY  | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY   |
|---|---|---|---|---|---|--|
| 1 Write down three things you can look forward to this month          | 2 Find something to be optimistic about (even if it's a difficult time) | 3 Take a small step towards a goal that really matters to you             | 4 Start your day with the most important thing on your to-do list     | 5 Be a realistic optimist. See life as it is, but focus on what's good        | 6 Remind yourself that things can change for the better     | 7 Look for the good in people around you today                           |
| 8 Make some progress on a project or task you have been avoiding      | 9 Share an important goal with someone you trust                        | 10 Take time to reflect on what you have accomplished recently            | 11 Avoid blaming yourself or others. Find a helpful way forward       | 12 Look out for positive news and reasons to be cheerful today                | 13 Ask for help to overcome an obstacle you are facing      | 14 Do something constructive to improve a difficult situation            |
| 15 Thank yourself for achieving the things you often take for granted | 16 Put down your to-do list and do something fun or uplifting           | 17 Take a small step towards a positive change you want to see in society | 18 Set hopeful but realistic goals for the days ahead                 | 19 Identify one of your positive qualities that will be helpful in the future | 20 Find joy in tackling a task you've put off for some time | 21 Let go of the expectations of others and focus on what matters to you |
| 22 Share a hopeful quote, picture or video with a friend or colleague | 23 Recognise that you have a choice about what to prioritise            | 24 Write down three specific things that have gone well recently          | 25 You can't do everything! What are your three priorities right now? | 26 Find a new perspective on a problem you face                               | 27 Be kind to yourself today. Remember, progress takes time | 28 Ask yourself, will this still matter a year from now?                 |
| 29 Plan a fun or exciting activity to look forward to                 | 30 Identify three things that give you hope for the future              | 31 Set a goal that brings a sense of purpose for the coming month         |   |   |   |  |

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