

Autumn / Winter Menu Week One

Banham Primary

Week One Dates – 28/10/19 – 18/11/19 – 09/12/19 – 30/12/19 –
20/01/20 – 10/02/20 – 02/03/20 – 23/03/20



Primary Menu Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Sausage, Mash & Gravy	Chicken Casserole & Potatoes	Roast Gammon with Roast Potatoes, Yorkshire Pudding & Gravy	Beef & Onion Pie with Mash & Gravy	Battered Fish & Chips
Vegetarian Main Meal Option	Veggie Mince Bolognese Pasta	Margherita Pizza with Baked Jacket Wedges	Quorn Roast with Roast Potatoes, Yorkshire Pudding & Gravy	Mac n Cheese	Vegetable Curry & Wholegrain Rice
Vegetable Selection	Cauliflower & Mixed Vegetables	Broccoli & Winter Coleslaw	Savoy Cabbage & Sweetcorn	Green Beans & Carrots	Garden Peas & Baked Beans
Jacket Potato Option	Freshly Baked Jacket Potato with your Choice of the day				
Dessert	Ginger Sponge & Custard	Fruity Flapjack & Apple Slices	Chocolate Sponge & Chocolate Sauce	Jam Sponge & Custard	Oaty Biscuit & Fruit Wedges

Available Daily

Fresh Bread, Fresh Fruit



Autumn / Winter Menu Week Two

Banham Primary

Week Two Dates – 04/11/19 – 25/11/19 – 16/12/19 –
06/01/20 – 27/01/20 – 17/02/19 – 09/03/20 – 30/03/19

Primary Menu Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Beef Meatballs in Tomato Sauce with Pasta	Mild Chicken Curry with Brown Rice & Naan Bread	Roast Chicken with Roast Potatoes, Stuffing & Gravy	Pasta Bolognese & Garlic Bread	Fish Fingers with Chips
Vegetarian Main Meal Option	Wholemeal Pizza Slice with Baked Potato Wedges	Tomato & Basil Pasta	Chickpea & Lentil Roast with Roast Potatoes, Stuffing & Gravy	British Cheddar Quiche with Homemade Potato Wedges	Vegetable Sausage Fajita with Chips
Vegetable Selection	Garden Peas & Fresh Salad	Carrots & Green Beans	Cauliflower & Mixed Vegetables	Broccoli & Sweetcorn	Garden Peas & Baked Beans
Jacket Potato Option	Freshly Baked Jacket Potato with your Choice of the day				
Dessert	Hot Chocolate Fudge Cake & Custard	Cornflake Tart & Custard	Shortbread Biscuit & Mixed Fruit	Feathered Jam Sponge & Custard	Ginger & Mandarin Muffin

Available Daily

Fresh Bread, Fresh Fruit





Autumn / Winter Menu Week Three

Banham week

Week Three Dates – 11/11/19 – 02/12/19 – 23/12/19 –
13/01/20 – 03/02/20 – 24/02/20 – 16/03/20

Primary Menu Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option	Beef Burger in a Bun with Homemade Wedges	Cottage Pie	Roast Chicken Breast with Roast Potatoes, Yorkshire Pudding & Gravy	Homemade Chicken Pie & Mash	Fish Fingers & Chips
Vegetarian Main Meal Option	Veggie Mince Chilli with Wholegrain Rice	Cheesy Margherita Pizza	Quorn Roast with Roast Potatoes, Yorkshire Pudding & Gravy	Tomato, Vegetable Sausage & Macaroni Bake	Vegetable Enchilada & Chips
Vegetable Selection	Sweetcorn & Carrots	Broccoli & Fresh Salad	Cauliflower & Garden Peas	Mixed Vegetables & Savoy Cabbage	Garden Peas & Baked Beans
Jacket Potato Option	Freshly Baked Jacket Potato with choice of the day				
Dessert	Apple Crumble & Custard	Lemon Slice	Chocolate Crunch & Custard	Marble Sponge & Custard	Crunchy Biscuit & Apple Slices

Available Daily

Fresh Bread, Fresh Fruit

