



Food News



Edwards & Blake are delighted to be providing the catering services at **Bunwell Primary School**. We are a leading contract caterer and since 1998 we've put food quality at the heart of all we do with fresh, healthy, nutritious ingredients at the core of our business from day one. We're passionate about great quality food, local sourcing, excellent service, driving innovation and delivering great value to our clients and pupils. Our food is freshly cooked every day in the kitchens in which we operate and we strive to make every mealtime experience delicious, nutritious and fun!



Universal Free School Meals

All pupils in reception, year 1 and year 2 are entitled to a free school meal everyday! This means they can have either a main meal or vegetarian meal, followed by self-service salad bar and dessert! Or the packed lunch Pick 'n' Mix option.



our Pick 'n' Mix

Monday	Tuesday	Wednesday	Thursday	Friday
Ham	Chicken	Cheese	Ham	Tuna Mayo
Yoghurt	Cheese and Biscuits	Crudities	Yoghurt	Cheese and Biscuits
Fruit Bag	Fruit Bag	Fruit Bag	Fruit Bag	Fruit Bag
Cake	Cake	Cake	Cake	Cake
Calypso Juice	Calypso Juice	Calypso Juice	Calypso Juice	Calypso Juice

our Tummy Fillers

Week Commencing: 4th September, 25th September and 16th October 2017

Week 1

Main Meal

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage Roll served with Mini Jacket Potatoes and Baked Beans	Chicken and Ham Pie served with Steamed New Potatoes and Vegetables	Pork Meatballs in a Tomato Sauce served with Spiral Pasta	BBQ Chicken served with Homemade Wedges and Sweetcorn	Battered Fish served with Chips and Baked Beans

Vegetarian Meal

Quorn Sausage Roll served with Mini Jacket Potatoes and Baked Beans	Cheese and Broccoli Quiche served with Steamed New Potatoes and Vegetables	Roasted Sweet Pepper and Tomato Sauce served with Spiral Pasta	BBQ Quorn Fillet served with Homemade Wedges and Sweetcorn	Margherita Pizza served with Chips and Baked Beans
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Dessert

Chocolate Sponge with Chocolate Sauce	Chocolate Chip Cookie	Cherry Bakewell Sponge and Custard	Lemon Shortbread	Toffee Muffin
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Week Commencing: 11th September and 2nd October 2017

Week 2

Main Meal

Monday	Tuesday	Wednesday	Thursday	Friday
Local Butchers Sausages served with Mashed Potato, Carrots and Gravy	Roast Chicken with a Yorkshire Pudding served with Roast Potatoes, Vegetables and Gravy	Spaghetti Bolognese served with Garlic Bread	Thai Style Chicken served with Steamed Rice	Jumbo Fish Finger served with Chips and Baked Beans

Vegetarian Meal

Quorn Sausages served with Mashed Potato, Carrots and Gravy	Roasted Quorn Fillet served with Roast Potatoes, Vegetables and Gravy	Macaroni Cheese served with Garlic Bread	Thai Style Vegetables served with Steamed Rice	Margherita Pizza served with Chips and Baked Beans
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Dessert

Toffee Apple Sponge with Toffee Sauce	Chocolate Muffin	Gingerbread Man	Treacle Tart and Custard	White Chocolate Muffin
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Week Commencing: 18th September and 9th October 2017

Week 3

Main Meal

Monday	Tuesday	Wednesday	Thursday	Friday
Local Butchers Sausage in a Finger Roll served with Diced Potatoes and Baked Beans	Roast Pork with a Yorkshire Pudding, Roast Potatoes, Vegetables and Gravy	Pizza served with Mini Jacket Potatoes and Sweetcorn	Cottage Pie served with Baked Beans	Fish Fingers served with Chips and Mixed Vegetables

Vegetarian Meal

Vegetable Burger in a Seeded Bun served with Diced Potatoes and Baked Beans	Roasted Quorn Fillet served with Roast Potatoes, Vegetables and Gravy	Pizza served with Mini Jacket Potatoes and Sweetcorn	Shepherdess Pie (Vegetarian Version) served with Baked Beans	Vegetable Nuggets served with Chips and Mixed Vegetables
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Dessert

Chocolate and Vanilla Marble Cake	Ginger Sponge with Custard	Fruit Flapjack	Jam Sponge with Custard	Lemon Sponge
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FOOD ALLERGIES & INTOLERANCES

IF YOU SUFFER FROM EITHER OF THE ABOVE, PLEASE SPEAK TO THE CHEF MANAGER PRIOR TO PLACING YOUR ORDER
WE WILL BE PLEASED TO DISCUSS THE CONTENTS OF ANY DISH WITH YOU

our **Salad Feast** Available Daily
Filled Jacket Potatoes, Pick n Mix Option
Fruit and Yoghurts!